

Contact Us

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health & Prevention Programs, contact:

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*...Because every child
deserves a childhood.*

Executive Director/CEO

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Note: Artwork by children in Astor's programs

Return Service Requested

Astor Services for
Children & Families
46 Lincoln Avenue
Poughkeepsie NY, 12601



ASTOR
SERVICES FOR CHILDREN & FAMILIES
**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**



**Home-Based Service
Coordination
SINGLE POINT OF
ACCESS**



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deserves a childhood.*



What is Home-Based Service Coordination SINGLE POINT OF ACCESS?

This is a screening and referral process to connect you and your child to Supportive Case Management (SCM), Intensive Case Management (ICM) or Home and Community-Based Service Waiver (HCBS) Programs. Additional Astor and/or community agency referrals may be recommended at the time of referral.

Supportive Case Management, ICM and HCBS are NYS Office of Mental Health Programs for children ages 5 to 17 with complex mental health conditions. All three levels of programs are designed to keep children in the community and prevent out-of-home placement.

These home-based programs are comprehensive and address the needs of each family, including: their living situation, educational/vocational, social/relational, psychological/emotional, medical/dental and safety planning.

Each family's individual plan is based on their need and a value base of unconditional commitment to providing family support and information. Families' voices and choices are vital and each staff person is focused on providing families with the necessary information in order for them to receive the most benefit from the helping process.

Core Values When Working With Children

- All families have strengths.
- Families deserve to be treated with dignity and respect.
- The type and degree of support each family may need varies throughout the life span.
- Diversity is an important and valuable reality in our society.
- Families should choose their own goals and the methods to achieve them.
- The child and family needs dictate the type and mix of services.

PROGRAMS

Home and Community-Based Service Waiver (HCBS)

- Family-focused team support of nontraditional services provided at home as related to a family's individualized service plan.
- Services include in-home clinical support, skill building, respite, family advocacy, on-call crisis support, limited wraparound funding and linkage to community resources. Services vary depending on a family's individualized plan.
- Must be at risk of out-of-home placement due to complex mental health condition.
- Six visits per month

Intensive Case Management (ICM)

- Family-focused care coordination provided as related to a family's individualized service plan.
- Services include in-home support, limited wraparound funding and linkage to community resources.
- Four visits per month

Supportive Case Management (SCM)

- Family-focused care coordination provided as related to a family's individualized service plan.
- Services include in-home support, limited wraparound funding and linkage to community resources.
- Two visits per month

Children participating in these programs will be able to attend and participate in monthly respite/skill-building events and other special events.

The parents are welcomed to join the Parent's Advisory Board to assist Astor in strengthening the way services are delivered to families.



"Of all injuries children suffer, none are as painful as the crushing of their spirit."

- *Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families and member of the Board of Directors*

A Tradition of Excellence...

Astor Services for Children & Families since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.

Mission: To provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

Vision: To see children meet life's challenges, pursue their dreams, and reach their full potential.

